

## ABSTRACT OF THE DISCLOSURE

The moisture absorbing fitness garment with protective pockets is provided with a sheet of waterproof material sewn to a secondary material that is sewn to the outer surface of two side portions of the garment to form pockets for holding valued items. The side portions overlap the pockets to form flaps. Securing strips are sewn to the flaps for opening and closing the pockets. The pockets are waterproof to protect the valued items from moisture. A layer of absorbing material is sewn along the side seams and across the lower reverse front portion of the garment. The absorbing material is used for drying the face and hands of the user. Apertures are sewn in the bottom of the garment and are adapted to receive a drawstring that extends out of the apertures. The drawstring is linked by a plastic stopper clamp that is used to tighten the garment.